



A Step Ahead



Juvana
Spa & Wellness
— forever young —



SPA MENU

Juvana Spa, believes in forever young

Here, in the heart of the bustling City of dreams spread over 19,000 sqft Juvana Spa is a complete wellness oasis which offers holistic massage treatments, a blend of unique therapies inspired by Ayurvedic and Yogic traditions with a fusion of International treatments designed to promote wellness, detoxification and serenity.

India's culture lies at the heart of the Indian experience and hospitality. We offers a comprehensive Spa menu with a complete range of Wellness programs, Beauty treatments, personalized Spa programs with a features of fourteen Spa suites, Salon, Nail bar and a state of art Dental Spa which will take you away from the busy airport environment, operated by well trained and hand picked professionals around the country. Our life style consultation will help you to decide the right treatment for your requirement and you will leave the premises feeling restored, refreshed and revitalized.

SPA JOURNEY

BALINESE DELIGHTS

Duration 120 Min, Price Rs: 8999

A Journey through the land of Bali starts with an oriental head massage, followed by a delightful Javanese MandiLulur.

AYURVEDIC INDULGENCE

Duration 150 Min, Price Rs: 9999

A journey through the Indian traditional experience with abhyangam massage, shirodhara and a tailor made ayurvedic facial.

ESSENCE OF JUVANA

Duration 180 Min, PriceRs: 10999

This journey starts with a relaxing bath followed by our Juvana signature massage and ends with a Source Marine Ritual facial.

REVITALISING BODY TREATMENTS

JASMINE DELIGHT SCRUB

Duration 30 Min, PriceRs: 2599

This deliciously fragrant body scrub is designed to gently exfoliate and remove dead surface skin cells while revealing soft, smooth and radiant skin without drying. Luxurious seasonal flowers and Aloe Vera nourishes, revives and protects the skin. Followed by a moisture application.

DETOXIFYING SCRUB

Duration 30 Min, PriceRs: 2599

This exquisite detoxifying scrub effectively removes dead cells and make the skin soft and glowing. Green Tea extracts are rich in antioxidants, which helps to release free-radicals and keep your skin looking young and supple. Followed by a moisture application.

BAMBOO SCRUB

Duration 30 Min, PriceRs: 2599

Gel based bamboo exfoliates, rejuvenate and revives the skin. Pure, gentle Aloe Vera nourishes, protects, leave the skin smooth and grease free. These scrub will leave your entire body glowing with radiance and beauty. Followed by a moisture application.

SEAWEED WRAP

Duration 30 Min, PriceRs: 2599

Natural seaweed and mud absorbs excess oil, nourishes and tightens the skin. This body wrap detoxifies, improves skin elasticity and regeneration, helps in reducing cellulite and toning the body.

DETOXIFYING WRAP

Duration 30 Min, PriceRs: 2599

The highly antioxidant properties of green tea and spices extracts nourishes, protects, detoxify, leaves the skin soft, tight and moisturized. It helps your skin looking young and supple.

EXOTIC WRAP

Duration 30 Min, PriceRs: 2599

This luxurious healing rose and almond mud wrap absorbs excess oil, nourishes, rejuvenates and tightens the skin. It reduces or cures rough and patchy area and leave your entire body glowing with radiance and beauty.

MASSAGE RITUALS

JUVANASIGNATURE MASSAGE

Duration 120 Min, PriceRs: 7999

Our signature massage starts with a choice of body scrub, followed by a massage which is designed to relax the entire body, focused on relieving muscular tension while combining wonderful fusion and soothing strokes from around the world for the ultimate delight. This powerful massage incorporates dynamic blends of essential oils personalized according to your specific needs. The experience will leave you feel relaxed and rejuvenated.

JUVANA CLASSIC MASSAGE

Duration 60 Min/ 90 Min, PriceRs: 4999 / Rs: 5999

Boost your energy levels and re-energize your body with the classic Swedish massage that uses rejuvenating oils to provide a firm and deeply relaxing and healing experience. We recommend it for its effectiveness in relieving muscle soreness and stimulating overall blood circulation.

JUVANA AROMATHERAPY MASSAGE

Duration 60 Min/ 90 Min, PriceRs: 4999 / Rs: 5999

Essential oils, personally chosen for you, working through the respiratory system and skin help to achieve a desirable result of the treatment. These destressing massage will make you feel completely relaxed.

JUVANA HERBAL HOT COMPRESSMASSAGE

Duration 60 Min/ 90 Min, Price Rs: 4999 / Rs: 5999

A mixture of herbal powders packed in a poultice, dip in the warm medicated oil and gently massage into the problem area. It will ease down the pain and aches of the body and make you feel relieved and relaxed. We recommend a minimum of seven sessions for the complete relief.

HOT STONE MASSAGE

Duration 90 Min, Price Rs: 5999

Experience the unique hot stone massage performed by our well trained therapists. Volcanic Basalt stones are used for hot massage treatment. The heat from the hot stones relieves tension and toxins. The unique technique used gives just enough pressure to feel the heat and weight of the stone. Stone placing on Chakra points works quietly on the chakra balancing too and make you feel totally relaxed.

JUVANA DEEP TISSUE MASSAGE

Duration 60 Min/ 90 Min, Price Rs: 4999 / Rs: 5999

This massage incorporates bodywork that reaches the tension retaining areas of the muscle tissues of the back, neck, shoulders and legs. Combining a natural aromatic muscle-easing blend of indigenous oils. Which will help you to relax and sooth away your tensions.

BALINESE MASSAGE

Duration 60 Min/ 90 Min, Price Rs: 4999 / Rs: 5999

From the magical island of Bali, a unique combination of skin rolling, firm thumb strokes with a firm pressure point movements with the choice of oils. The therapeutic benefits are loosening of muscular tension, toning, firming the muscles and stimulating the circulation of blood and lymph.

THAI MASSAGE

Duration 60 Min/ 90 Min, Price Rs: 4999 / Rs: 5999

Thai massage is based on the discovery of ten invisible energy lines called Sen, which run throughout the body. Your journey begins with a masterful combination of Thai stretching techniques and a deep tissue pressure point massage. This stimulating treatment increases blood flow, releases toxins and restores suppleness; balancing your body, mind and spirit.

TENSION RELIEVER MASSAGE

Duration 30 Min, Price Rs: 1999

The ideal massage to relax the tension retaining areas of the muscle tissues of the back, neck and shoulders. A perfect way to start your holiday or relax after a day of business meetings.

REFLEXOLOGY

Duration 30 Min/ 60 Min, Price Rs: 1999 / Rs: 3299

A traditional Indian therapy used for centuries by stimulating the reflex zones in the feet. Massage of these points releases energy blockage throughout the body, re-establishing the body's natural energy flow. It relaxes your body and your mind.

AYURVEDIC RITUALS

Ayurveda is an ancient medical science, which teaches us about old Indian Holistic tradition, which unites mind, body and spirit. These wellness-enhancing rituals are uniquely designed to detoxify, purify and bring balance, wellbeing and energy to the body and mind. Release physical tension, harmonize these energies, and deeply nourish your core bringing tranquility and peace to every cell of your body. These treatments are chosen to meet your individual needs according to your specific dosha.

ABHYANGAM MASSAGE

Duration 60 Min, Price Rs: 4999

A procedure where medicated oil prepared from between 10-15 herbs is applied to the whole body and massaged in a synchronized manner by two therapists. Synchronized massage is beneficial in treating rheumatism, including sound sleep and improving sense of well being.

SHIRODHARA

Duration 45 Min, Price Rs: 4999

Specially prepared medicated oil or medicated milk is poured on the forehead continuously in a special pattern temperature. Pre and post therapy, head and face massages are performed.

AYURVEDIC BODY SCRUB

Duration 30 Min, Price Rs: 2499

A total body scrub is given with a medicinal oil based cream and herbal scrubber followed by hot sponging.

PADABHYANGAM

Duration 30 Min, Price Rs: 1999

Massage with medicated oils for feet conditioning. Helps to promote a good sleep pattern and aids with relaxation.

SHIROBHYANGAM

Duration 30 Min, Price Rs: 1999

Head massage with special ayurvedic oil. It helps in insomnia, de-stress the mind and body, strengthens the hair roots and improves scalp circulation to promote hair growth.

AYURVEDIC FACIAL

Duration 30 Min, Price Rs: 3999

This treatment is designed to provide a soothing and grounding effect, improve the skin luster, add glow to the face, reduce pigmentation & black spots, reduce dark circles etc. Specialized herbal pack is used to deeply exfoliate the skin which is followed by a light Abhyangam on the face with herbal oil or herbal cream.

BATH

REJUVENATING BATH

Duration 30 Min, Price Rs: 1699

Water is one of the five elements. In fengshui, it is believed to balance our inner and outer worlds. Since ancient times, people have developed a variety of therapeutic bathing rituals to purify, rejuvenate and nourish the body. The legendary healing properties of water therapy, the under water jets and lights will make you feel relaxed and rejuvenated.

SPA ESSENTIALS

APPOINTMENT INFORMATION

We encourage you to arrive at least 30 minutes prior to your scheduled treatment to ensure total relaxation and enhance treatment results. This will allow you time to slip into a robe, take an experience shower, use the Steam, Sauna, Jacuzzi or to simply relax. Arriving late for your appointment will simply limit your treatment time, reducing its full benefit and your enjoyment. Your treatment will end on time to prevent inconvenience to the next guest and the same treatment price will apply.

CANCELLATION POLICY

Should you find the need to cancel your appointment, please allow us a 24-hour notice for cancellation to avoid a 50% surcharge. A 'no show' will incur a 100% surcharge.

RESERVATIONS

We recommend making a reservation at least one day in advance.

HOURS OF OPERATION / MONDAY THROUGH SUNDAY

Spa 10.00am to 10.00pm

Salon 10.00am to 10.00pm

Last Appointment 8.30 pm

SPECIAL CONSIDERATIONS

Your health and safety come first. Please help us by completing the lifestyle consultation form and inform us of any physical condition that may prevent you from partaking of some of our spa treatments.

Please leave all your valuables in your guest room or in the locker provided when visiting the spa.

As the spa offers each guest the chance to relax and rejuvenate, we appreciate you turning off or switching your mobile phones to silent mode. Alcohol and smoking are not permitted strictly prohibited.

Please advise upon booking of any allergies, ailments or disabilities especially high blood pressure, heart disease, diabetics and ladies if you are pregnant.

We provide you with a bathrobe, disposable underwear and slippers. You are draped during your massage. Disposable undergarments must be worn for all Spa treatments.

GIFTS AND PACKAGE

A unique way to celebrate, say thank you or simply show your appreciation to someone dear, gift vouchers for a-la-carte treatments or spa packages are available.

Please contact our Spa Concierge Representative for more details.



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