

# BREAKFAST \_\_\_\_

Available from 6:30 AM - 10:30 AM

CHILLED JUICES AND FRUITS	Price	
Fresh Fruit Platter 480gm   72kcal	400	
■ Fresh Orange Juice 275ml   142kcal	375	
■ Fresh Watermelon Juice 275ml   91kcal	375	
■ Coconut Water 275ml   56kcal	375	
<ul> <li>LASSI 275ml   361kcal</li></ul>	375	
CEREALS 200gm   210kcal bowl of cornflakes / chocoflakes / wheatflakes	300	
PORRIDGE 335gm   407kcal	300	
<ul> <li>YOGURT 240gm   187kcal  home-made natural yogurt</li> </ul>	250	
EGG DISHES		
TWO FRESH FARM EGGS 290gm   310kcal Operation of the prepared to your order-scrambled, fried, boiled or poached	400	
▲ TWO EGG OMELETTE 295gm   587kcal O plain / masala / mushroom / cheese	400	
(All egg preparations are served with grilled tomato, hash brown potatoes & toast)		
PANCAKES AND WAFFLES		
AMERICAN PANCAKES 295gm   679kcal © 0 0 served with fresh whipped cream, berry compote, maple syrup & natural honey	400	
CRISP WAFFLES 240gm   741kcal	400	
FRENCH TOAST 280gm   310kcal 000 served with maple syrup, berry compote & natural honey	400	

















# BREAKFAST \_\_\_\_

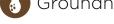
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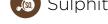
INDIAN BREAKFAST SPECIALITIES		Price
	POORI BHAJI 415gm   845kcal 💗 served with home made pickle	450
	TAWA PARATHA 320gm   415kcal 🕡	450
	STEAMED IDLI 510gm   478kcal plain / kancheepuram served with sambhar and chutney	450
	DOSA 440gm   685kcal plain / masala / mysore served with sambhar and chutney	450
	GOLDEN FRIED MEDU WADA 520gm   792kcal served with sambhar & chutney	450











### SALAD & SOUPS-

Available from 10:30AM - 4:00AM

GREEK	Price
Mustard Crusted Fish 360gm   773kcal	950
<ul> <li>Spinach &amp; Feta Spanakopita 295gm   827kcal</li> </ul>	850
CAESAR	
🔺 Grilled Chicken 310gm   951kcal 🚱 🛈 🕜	950
<ul><li>Malai Paneer 280gm   765kcal</li></ul>	850
<ul> <li>AVOCADO AND CUCUMBER 270gm   413kcal cherry tomato, lettuce &amp; orange</li> </ul>	850
<ul> <li>QUINOA SALAD 210gm   329kcal spring vegetable</li> </ul>	850
▲ CHICKEN DUMPLING SOUP 330gm   563kcal	700
<ul> <li>MULLIGATAWNY 270gm   277kcal</li> <li>lime wedges, chopped apple &amp; rice</li> </ul>	650
MINESTRONE 250gm   308kcal  olive & bocconcini bruschetta	650
CREAM OF FOREST MUSHROOMS 250gm   124kcal	650

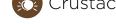




















### LIGHT MEALS

Available from 10:30AM - 4:00AM

	Price
<ul> <li>MEZZE PLATTER 400gm   1100kcal</li></ul>	950
MAPO TOFU WITH PAKCHOY 550gm   223kcal  served on hakka noodles	950
<ul> <li>AMRITSARI CHOLE 625gm   455kcal</li></ul>	900
<ul> <li>SPICY KOLHAPURI MISAL 550gm   195kcal</li></ul>	900
<ul> <li>PAV - BHAJI 545gm   907kcal</li></ul>	850
BURMESE KHOWSUEY	
Prawn 540gm   689kcal	850
🔺 Chicken 545gm   846kcal 🚱	750
<ul><li>Vegetarian 510gm   570kcal </li></ul>	650
KALAPPAM & STEW 150gm   198kcal	
▲ Chicken Stew 300gm   366kcal	1150
■ Vegetable Stew 280gm   347kcal	1050
▲ LAMB CHOPS 380gm   905kcal 🚱 🛈 smoked potato & grilled vegetables	1750
PAN SEARED SALMON 337gm   843kcal (1) (2) smoked potato & grilled vegetables	1750
NASI GORENG 533gm   707kcal 😂 🕜 🚯 with fried egg & chicken satay	1250
■ GRILLED CHICKEN 410gm   888kcal (1) mashed potato & grilled vegetables	1250



















### LIGHT MEALS

Available from 10:30AM - 4:00AM

	Price
LAAL MAAS 630gm   583kcal (1) tender mutton morsels in an aromatic gravy	1250
▲ HOME STYLE CHICKEN CURRY 580gm   429kcal	1250
■ BASIL CHILI CHICKEN 550gm   725kcal served on hakka noodles	1250
▲ CAJUN SPICED CHICKEN TIKKA 256gm   826kcal (1) served with mint chutney	1250
▲ TAWA FRIED POMFRET 340gm   713kcal 😂 kadhipatta red rice risotto, sol kadhi	1250
FISH N CHIPS 320gm   568kcal 💗 🕜 😂 tartar sauce	1250
KESARI MURG PULAV 430gm   700kcal  with vegetable raita & papad	1250
<ul> <li>TAVA VEGETABLE PULAV 420gm   317kcal (1)</li> <li>with boondi raita &amp; papad</li> </ul>	1150
<ul> <li>CREAMY MUSHROOM CREPES 310gm   150kcal</li></ul>	1150
KENTUCKY STYLE CHICKEN 290gm   787kcal	1050





















### SNACKS\_\_

#### Available from 10:30AM - 4:00AM

	Price
DHAKAI PARATHA ROLL	
▲ Chicken 420gm   892kcal 🕴 🛈 🕜	1050
🛕 Lamb Seekh 400gm   920kcal 💗 🛈 🕜	1050
CHICKEN BURGER 420gm   707kcal ♥ 100 miles	850
■ PANEER KATHI ROLL 400gm   854kcal	950
■ VEGETABLE PAKODA 190gm   416kcal	750
PLATTER OF MINI WADA PAV 300gm   375kcal	750
PUNJABI SAMOSA 220gm   289kcal with mint & saunth chutney	750
VEGETABLE QUESADILLA 270gm   364kcal salsa & guacamole	700
VEGETABLE BURGER 420gm   724kcal	700





















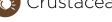
REGULAR OR MULTIGRAIN	Price
PEPPERONI 455gm   1223kcal 🚱 🛈 contains pork	1050
SALMON & RUCOLA 491gm   1079kcal 🚱 🛈 😂 smoked salmon, rucola & olives	1050
PAZZA 591gm   1185kcal 🕡 🛈 spicy chicken tikka & onion	1050
PRIMAVERA 585gm   1077kcal (	950
MARGHERITA 420gm   1149kcal (**) (**) (**) tomato & basil	950

### **PASTA** Available 24 hrs

	Price
REGULAR   261kcal penne, spaghetti or fusilli in choice of sauce	
SAUCES	
🔺 Carbonara 450gm   676kcal 🕕 🕜	1050
▲ Lamb Bolognese 450gm   521kcal 💗 🕕	1050
■ Aglio Olio 380gm   512kcal	1050
<ul><li>Basil Pesto 380gm   453kcal  </li></ul>	1050
<ul><li>Arrabiata 450gm   215kcal</li></ul>	1050

















### SANDWICHES-

Available 24 hrs

	Price
HUNG CURD MARINATED CHARGRILLED CHICKEN 290gm   747kcal	1050
CHICKEN HAM AND EMENTHAL 305gm   943kcal 🕡 🕕	1050
NON VEG CLUB 410gm   1051kcal 🚱 🛈 🕜	1050
■ SMOKED SALMON & CREAM CHEESE IN BAGEL 260gm   843kcal 🔮 🛈 😂	1050
<ul> <li>CAPRICE IN PANINI 415gm   798kcal</li></ul>	950
<ul> <li>CLUB SANDWICH - VEGETARIAN 355gm   830kcal</li> </ul>	950
MUMBAI STREET STYLE TOASTIE 235gm   258kcal	950
THREE CHEESE TOASTIE 250gm   639kcal © 0 cheddar, mozzarella & processed cheese with chili & basil	950





















### DESSERTS\_

Available from 10:30AM - 4:00AM

		Price
	CHOCOLATE BROWNIE S'MORES 120gm   699kcal 🕡 🕕	350
	MALPUA RABRI TART 120gm   584kcal 🕡 🛈 angoori jamun, rose cream, topped with gold	350
	CLASSIC TIRAMISU 130gm   424kcal 000000000000000000000000000000000000	350
	CHEESE CAKE 120gm   471kcal 🕸 🛈 🕜 sour cream, blueberry compote	350
S	ELECTION OF ICE CREAM 110gm   414kcal 🕕	
	SUNDAE	450
	SUGAR FREE SOUTH INDIAN FILTER COFFEE	350
	CHOCOLATE HAZELNUT	350
	TENDER COCONUT	350





















### BEVERAGES

Available from 10:30AM - 4:00AM

	Price
SMOOTHIES 285ml   291kcal  Strawberry, Banana Lemon, Ginger & Spinach Apple, Kiwi & Romaine Dark Chocolate Avocado Lime Mango Mint	
MAKE YOUR OWN JUICE 275ml	375
Cucumber	
Ginger	
Apple	
Orange	
Pineapple	
Mint	
Sweet Lime	
Grapefruit	
Beetroot	
Carrot	
Bitter Gourd	
SAFFRON LASSI 275ml   246kcal 🕕	375
COLD COFFEE 410ml   308kcal 0	375
COLD COFFEE WITH ICE CREAM 350ml   515kcal 1	425



















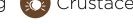


	Price
TEA 180ml   30kcal	375
HERBAL TEA 180ml   02kcal jasmine, chamomile or mint	350
COFFEE 180ml   02kcal (1) regular or decaffeinated	350
DOPPIO - DOUBLE SHOT OF ESPRESSO 60ml   05kcal	350
ESPRESSO ITALIANO 30ml   02kcal freshly grounded arabica coffee beans, steam extracted for a rich & concentrated flavour	350
ESPRESSO AL'AMERICANA 180ml   02kcal one shot of espresso served with a cup of hot water	350
CAPPUCCINO 180ml   110kcal (1) espresso blended with equal parts of steamed milk & velvety milk foam	350
CAFE LATTE 180ml   136kcal	350

### AN AVERAGE ACTIVE ADULT REQUIRES 2,000 KCAL ENERGY PER DAY, HOWEVER, CALORIE NEEDS MAY VARY.



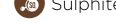














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