


# BREAKFAST

AVAILABLE FROM 6:30 AM - 10:30 AM

## CHILLED JUICES AND FRUITS









	Price
• Fresh Fruit Platter   72kcal	400
• Fresh Orange Juice   142kcal	375
• Fresh Watermelon Juice   91kcal	375
• Coconut Water   56kcal	375
• LASSI   361kcal  plain / sweet / salted	375
• CEREALS   210kcal bowl of cornflakes / chocoflakes / wheatflakes	300
• PORRIDGE   407kcal  with brown sugar, honey & raisins	300
• YOGURT   187kcal  home-made natural yogurt	250

## EGG DISHES

• TWO FRESH FARM EGGS   310kcal   prepared to your order- scrambled, fried, boiled or poached	400
• TWO EGG OMELETTE   587kcal   plain -233kcal / masala -337kcal / cheese -510kcal	400

(All egg preparations are served with grilled tomato, hash brown potatoes & toast)

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• Vegetarian • Non-Vegetarian Allergens:  Gluten  Milk  Egg  Crustacean  Fish  Soyabean  Groundnuts  Sulphahte










# BREAKFAST



AVAILABLE FROM 6:30 AM - 10:30 AM

## PANCAKES AND WAFFLES








## Price

- **AMERICAN PANCAKES** | 679kcal    400  
served with fresh whipped cream, berry compote, maple syrup & natural honey
- **CRISP WAFFLES** | 741kcal    400  
baked golden-brown & served with fresh whipped cream, berry compote, maple syrup & natural honey
- **FRENCH TOAST** | 310kcal    400  
served with maple syrup, berry compote & natural honey

## INDIAN BREAKFAST SPECIALITIES

- **POORI BHAJI** | 845kcal  450  
served with home made pickle
- **TAWA PARATHA** | 415kcal  450  
aloo / gobhi / paneer / mooli served with natural yoghurt & pickle
- **STEAMED IDLI** | 478kcal 450  
plain / kancheepuram served with sambhar and chutney
- **DOSA** | 685kcal 450  
plain / masala / mysore served with sambhar and chutney
- **GOLDEN FRIED MEDU WADA** | 792kcal 450  
served with sambhar & chutney

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0122



# SALAD & SOUPS

AVAILABLE FROM 10:30AM - 4:00AM

## GREEK

- Mustard Crusted Fish | 773kcal   
- Spinach & Feta Spanakopita | 827kcal 

## Price

950

850

## CAESAR

- Grilled Chicken | 951kcal   
- Malai Paneer | 765kcal  
- AVOCADO AND CUCUMBER | 413kcal  
cherry tomato, lettuce & orange
- QUINOA SALAD | 329kcal  
spring vegetable
- CHICKEN DUMPLING SOUP | 563kcal
- MULLIGATAWNY | 277kcal  
lime wedges, chopped apple & rice
- MINESTRONE | 308kcal    
olive & bocconcini bruschetta
- CREAM OF FOREST MUSHROOMS | 124kcal    
topped with a dollop of paprika yogurt & cheese toast

950

850

850

850









700

650

650

650

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# LIGHT MEALS

AVAILABLE FROM 10:30AM - 4:00AM

- |   | Price |
|---|-------|
| <ul style="list-style-type: none"> <li>● MEZZE PLATTER   1100kcal  </li> </ul> <p>selection of five mezze along with pita bread</p>         | 950   |
| <ul style="list-style-type: none"> <li>● MAPO TOFU WITH PAKCHOY   223kcal </li> </ul> <p>served on hakka noodles</p>   | 950   |
| <ul style="list-style-type: none"> <li>● AMRITSARI CHOLE   455kcal  </li> </ul> <p>bhature or tandoori onion kulcha, served with pickle</p> | 900   |
| <ul style="list-style-type: none"> <li>● SPICY KOLHAPURI MISAL   195kcal  </li> </ul> <p>with farsan &amp; pav</p>                          | 900   |
| <ul style="list-style-type: none"> <li>● PAV - BHAJI   907kcal  </li> </ul> <p>with papad churi, onion &amp; lemon</p>                    | 850   |

## BURMESE KHOWSUEY









- |   |     |
|---|-----|
| <ul style="list-style-type: none"> <li>● Prawn   689kcal  </li> </ul> | 850 |
| <ul style="list-style-type: none"> <li>● Chicken   846kcal </li> </ul>   | 750 |
| <ul style="list-style-type: none"> <li>● Vegetarian   570kcal </li> </ul>  | 650 |

## KALAPPAM & STEW

198kcal

- |   |      |
|---|------|
| <ul style="list-style-type: none"> <li>● Chicken Stew   366kcal</li> </ul>  | 1150 |
| <ul style="list-style-type: none"> <li>● Vegetable Stew   347kcal</li> </ul>  | 1050 |
| <ul style="list-style-type: none"> <li>● LAMB CHOPS   905kcal  </li> </ul> <p>smoked potato &amp; grilled vegetables</p>  | 1750 |
| <ul style="list-style-type: none"> <li>● PAN SEARED SALMON   843kcal  </li> </ul> <p>smoked potato &amp; grilled vegetables</p>   | 1750 |
| <ul style="list-style-type: none"> <li>● NASI GORENG   707kcal   </li> </ul> <p>with fried egg &amp; chicken satay</p> | 1250 |
| <ul style="list-style-type: none"> <li>● GRILLED CHICKEN   888kcal </li> </ul> <p>mashed potato &amp; grilled vegetables</p>   | 1250 |

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# LIGHT MEALS

AVAILABLE FROM 10:30AM - 4:00AM

	Price
• LAAL MAAS   583kcal  tender mutton morsels in an aromatic gravy	1250
• HOME STYLE CHICKEN CURRY   429kcal	1250
• BASIL CHILI CHICKEN   725kcal served on hakka noodles	1250
• CAJUN SPICED CHICKEN TIKKA   826kcal  served with mint chutney	1250
• TAWA FRIED POMFRET   713kcal  kadhipatta red rice risotto, sol kadhi	1250
• FISH N CHIPS   568kcal    tartar sauce	1250
• KESARI MURG PULAV   700kcal  with vegetable raita & papad	1250
• TAVA VEGETABLE PULAV   317kcal  with boondi raita & papad	1150
• CREAMY MUSHROOM CREPES   150kcal   saffron cheese sauce	1150
• KENTUCKY STYLE CHICKEN   787kcal  	1050

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# SNACKS









AVAILABLE FROM 10:30AM - 4:00AM

## DHAKAI PARATHA ROLL

Price

- Chicken | 892kcal    1050
- Lamb Seekh | 920kcal    1050
- CHICKEN BURGER | 707kcal     
french fries 850
- PANEER KATHI ROLL | 854kcal   950
- VEGETABLE PAKODA | 416kcal 750
- PLATTER OF MINI WADA PAV | 375kcal  750
- PUNJABI SAMOSA | 289kcal   750  
with mint & saunth chutney
- VEGETABLE QUESADILLA | 364kcal 700  
salsa & guacamole
- VEGETABLE BURGER | 724kcal   700  
french fries

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# PIZZA

AVAILABLE FROM 10:30AM - 4:00AM

## REGULAR OR MULTIGRAIN

- |  | Price |
|--|-------|
| <ul style="list-style-type: none"> <li>• <b>PEPPERONI</b>   1223kcal  <br/>contains pork</li> </ul>  | 1050  |
| <ul style="list-style-type: none"> <li>• <b>SALMON &amp; RUCOLA</b>   1079kcal   <br/>smoked salmon, rucola &amp; olives</li> </ul> | 1050  |
| <ul style="list-style-type: none"> <li>• <b>PAZZA</b>   1185kcal  <br/>spicy chicken tikka &amp; onion</li> </ul>  | 1050  |
| <ul style="list-style-type: none"> <li>• <b>PRIMAVERA</b>   1077kcal  <br/>onion, peppers, olives, mushrooms, asparagus &amp; bocconcini</li> </ul>  | 950   |
| <ul style="list-style-type: none"> <li>• <b>MARGHERITA</b>   1149kcal  <br/>tomato &amp; basil</li> </ul>  | 950   |

# PASTA

AVAILABLE 24 HRS

## REGULAR











261kcal 

penne, spaghetti or fusilli in choice of sauce

## SAUCES

- |   |      |
|---|------|
| <ul style="list-style-type: none"> <li>• <b>Carbonara</b>   676kcal  </li> </ul>      | 1050 |
| <ul style="list-style-type: none"> <li>• <b>Lamb Bolognese</b>   521kcal  </li> </ul> | 1050 |
| <ul style="list-style-type: none"> <li>• <b>Aglio Olio</b>   512kcal</li> </ul>   | 1050 |
| <ul style="list-style-type: none"> <li>• <b>Basil Pesto</b>   453kcal </li> </ul>  | 1050 |
| <ul style="list-style-type: none"> <li>• <b>Arrabiata</b>   215kcal</li> </ul>  | 1050 |

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 Vegetarian 
  Non-Vegetarian 
 Allergens: 
  Gluten 
  Milk 
  Egg 
  Crustacean 
  Fish 
  Soyabean 
  Groundnuts 
  Sulpahte

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# SANDWICHES

AVAILABLE 24 HRS

	Price
<ul style="list-style-type: none"> <li>• <b>HUNG CURD MARINATED CHARGRILLED CHICKEN</b>   747kcal   grilled in multigrain bread</li> </ul>	1050
<ul style="list-style-type: none"> <li>• <b>CHICKEN HAM AND EMMENTAL</b>   943kcal   grilled in focaccia bread</li> </ul>	1050
<ul style="list-style-type: none"> <li>• <b>NON VEG CLUB</b>   1051kcal   </li> </ul>	1050
<ul style="list-style-type: none"> <li>• <b>SMOKED SALMON &amp; CREAM CHEESE IN BAGEL</b>   843kcal   </li> </ul>	1050
<ul style="list-style-type: none"> <li>• <b>CAPRICE IN PANINI</b>   798kcal   grilled tomato, basil, boconcini &amp; olive tapenade</li> </ul>	950
<ul style="list-style-type: none"> <li>• <b>CLUB SANDWICH – VEGETARIAN</b>   830kcal  </li> </ul>	950
<ul style="list-style-type: none"> <li>• <b>MUMBAI STREET STYLE TOASTIE</b>   258kcal </li> </ul>	950
<ul style="list-style-type: none"> <li>• <b>THREE CHEESE TOASTIE</b>   639kcal   cheddar, mozzarella &amp; processed cheese with chili &amp; basil</li> </ul>	950

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# DESSERTS

AVAILABLE FROM 10:30AM - 4:00AM

	Price
<ul style="list-style-type: none"><li>● CHOCOLATE BROWNIE S'MORES   699kcal  </li><li>vanilla ice cream</li></ul>	350
<ul style="list-style-type: none"><li>● MALPUA RABRI TART   584kcal  </li><li>angoori jamun, rose cream, topped with gold</li></ul>	350
<ul style="list-style-type: none"><li>● CLASSIC TIRAMISU   424kcal   </li><li>mascarpone cream, coffee &amp; biscuit (contains alcohol)</li></ul>	350
<ul style="list-style-type: none"><li>● CHEESE CAKE   471kcal   </li><li>sour cream, blueberry compote</li></ul>	350









## SELECTION OF ICE CREAM

414kcal 

<ul style="list-style-type: none"><li>● SUNDAE</li></ul>	450
<ul style="list-style-type: none"><li>● SUGAR FREE SOUTH INDIAN FILTER COFFEE</li></ul>	350
<ul style="list-style-type: none"><li>● CHOCOLATE HAZELNUT</li></ul>	350
<ul style="list-style-type: none"><li>● TENDER COCONUT</li></ul>	350



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# BEVERAGES

AVAILABLE FROM 10:30AM - 4:00AM

		Price
<b>SMOOTHIES</b>	291kcal 	375
Strawberry, Banana Lemon, Ginger & Spinach Apple, Kiwi & Romaine Dark Chocolate Avocado, Lime Mango, Mint		
<b>MAKE YOUR OWN JUICE</b>		375
Cucumber Ginger Apple Orange Pineapple Mint Sweet Lime Grapefruit Beetroot Carrot Bitter Gourd		
SAFFRON LASSI   246kcal 		375
COLD COFFEE   308kcal 		375
COLD COFFEE WITH ICE CREAM   515kcal 		425



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# BEVERAGES









AVAILABLE FROM 10:30AM - 4:00AM

	Price
TEA   30kcal  regular, masala, ginger or elaichi	375
HERBAL TEA   02kcal jasmine, chamomile or mint	350
COFFEE   02kcal  regular or decaffeinated	350
DOPPIO – DOUBLE SHOT OF ESPRESSO   05kcal	350
ESPRESSO ITALIANO   02kcal freshly grounded arabica coffee beans, steam extracted for a rich & concentrated flavour	350
ESPRESSO ALAMERICANA   02kcal one shot of espresso served with a cup of hot water	350
CAPPUCCINO   110kcal  espresso blended with equal parts of steamed milk & velvety milk foam	350
CAFE LATTE   136kcal  espresso with liberal helping of steamed milk	350



AN AVERAGE ACTIVE ADULT REQUIRES 2,000 KCAL ENERGY PER DAY,  
HOWEVER, CALORIE NEEDS MAY VARY.

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